



Strengthening Families, Strengthening Children

**Providing Mental Health Services for
Adults, Children, and Families**



Outpatient Services

Mental Health Assessments

Individual Counseling/ Family

Counseling Child Parent Psychotherapy

Adoption Competent Counseling

Parent-Child CBT

Anger Management Groups

Psychiatry [therapy clients]

Targeted Case Management

Substance Abuse (Lakeland)

Note: Not all services are at all locations .

Please contact us to verify.

Currently Serving

Lakeland, Ocala, Orlando, Panama City, Tallahassee, Tampa and surrounding areas.

Payment Options

Medicaid Insurances:

Aetna Better Health – Coventry– Carelon

CMS – Title 19 – Sunshine

CMS – Title 21 – Sunshine

Humana - Access Behavioral Health (Panhandle only)

Humana - Carelon

Lighthouse – Access Behavioral Health

Magellan Complete Care

Medicaid

Molina Healthcare

Simply Health Care

Sunshine Health/Cenpatico

United Health Care/ Optum – Medicaid

Commercial Insurances:

United Health Care / Optum

United Health Care/ Optum - VA

Tri-Care East

Commercial (product of Medicaid):

Ambetter

Healthy Kids – Simply Health

Health Kids–Aetna Better Health –

Coventry/Carelon

Humana Behavioral Network

Coventry - Beacon

Self Pay/Private Pay

Please call for current listing as the above is subject to change.

Please submit referrals as follows:

Electronically: <http://www.familiesfirstfl.com/outpatient-referral>

E-mail: referral@familiesfirstfl.com

Fax us by service location:

Lakeland (863) 583-0392

Ocala (352) 354-9166

Orlando (407) 386-7429

Panama City (850) 290-7442

Tallahassee (850) 290-7442

Tampa (813) 435-2033

**You can reach us to 813-290-8560
Select Option 0 - then follow the prompts
for the appropriate service location.**