Charlie Health's Care Continuum

Charlie Health's IOP includes 9 hours of supported groups, 1 hour of individual therapy, and 1 hour of family therapy each week, among other services.

Core program





Curated groups that connect individuals with similar needs

Individual Therapy



Primary therapists assigned based on fit

Family Therapy



Weekly sessions to promote holistic healing and behavior change

Psychiatry / Med. Management



Initial evaluation and ongoing care from a psychiatrist or NP

Wrap-around care

Family Support Groups



Clinician-led, curated groups for families with children in treatment

Care Coach



Approachable friend for encouragement and mentorship

24/7 Crisis Care



Clinicians on call 24/7 to respond to crises in between sessions

Case Management & Care Coordination



Dedicated end-to-end support & collaboration with outside providers

Connect

Connecting families to Charlie Health for care is simple.

Referring providers can reach out: www.charliehealth.com/referrals outreach@charliehealth.com (866) 491- 5196

