



**Ametheo**  
Adoption Maintenance Experts

## YOU'RE INVITED!

### **Ametheo Mom's Mornings**

Begins February 6

10am to Noon

Location: Heartland Youth Village Administration Building

3350 Highway 60 East in Bartow, FL 33830 (First Building on Right)

Come take a break and enjoy the support of other Moms! This group will focus on self-care with parent education and support.

### **Ametheo Mom and Me Group**

Begins February 7

10am to Noon

Heartland Youth Village Administration Building

Tuesdays will be for Moms who desire to have their child nearby or who need childcare. This will also be a time for self-care, parent education, and support.

### **Ametheo Family Support Group**

Begins February 9

6pm to 8pm

Location: Heartland Youth Village Activity Center

Same address, but at the top of the hill on the right. Feel free to bring dinner on the go for your family, if needed. The first half hour is a time to meet and mingle. At 6:30 adults will attend support group while the teens and children enjoy activities. At 7:30 we'll rejoin for family time for those who wish to stay until 8:00. Those who need to get their littles home earlier have an option to end at 7:30.

Please text Marlynn Pharnes at (863) 224-2408 to sign up or for a follow-up for any questions.

We're looking forward to spending time with the adoptive families of our community!